Differences and Common Ground: 
Urban and Rural Minnesota
Findings from the 2017 Ground Level Survey of Minnesotans
APM Research Lab, January 2018

Introduction

Urban and rural residents of Minnesota have experiences, habits, and outlooks that are shared, as well as unique challenges and opportunities. Similarly, rural and urban communities and economies in our state exhibit differences, but are also interdependent.

The statewide 2017 Ground Level Survey of Minnesotans provided an excellent opportunity to assess where urban and rural perspectives align and where they diverge. This brief summarizes the Ground Level findings—revealing common ground and existing fault lines.

While definitions of urban and rural vary, in this brief, urban residents are defined as those residing in any of the seven counties of Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, and Washington. These counties include or are proximate to Minneapolis and St. Paul, the two largest cities in Minnesota. Collectively these seven counties are sometimes referred to as the Twin Cities region.

In this brief, rural residents are those who live outside of the urban Twin Cities region, but also excluding those in the greater Duluth, St. Cloud, and Rochester areas. (Outside of the Twin Cities region, these three communities are the most populous in Minnesota. Ground Level findings for these regional centers will be explored in a subsequent brief.)
Demographic and Social Overview of Urban and Rural Minnesotans

There are approximately 2,952,100 urban Minnesotans, representing 54 percent of the state population. As defined in this brief, rural Minnesotans number about 2,101,500, and account for 39 percent of the state population. (The three largest regional centers—the Duluth, St. Cloud, and Rochester areas—are home to the remaining 365,600 Minnesota residents.)

Urban and rural areas of the state differ meaningfully in the age distribution, levels of formal education, race and ethnicity, and birthplace of their residents. Appreciating these differences gives additional context to the survey findings.

Urban and rural Minnesota have nearly equal percentages of children under age 18 in their communities (24% and 23%, respectively) and identical shares of young adults age 18-24 (9%), many of whom are pursuing additional education or training for the workforce. **However, 25- to 64-year-old residents comprise a larger portion of urban residents than rural (55% versus 51%). And a larger proportion of rural residents are older adults, age 65 or above (17%, compared to 12% in urban areas).**

**Urban residents are more likely to have completed advanced education than those who live in rural Minnesota:** 51 percent of those age 25 and older in urban areas hold a two-year (associate's) or higher college degree, while the comparable figure is 34 percent in rural Minnesota. Some of this educational difference is reflecting the older age structure in rural areas, as older generations were less likely to have pursued higher education.

Population (age 25 and older) by highest level of education, rural and urban Minnesota residents

<table>
<thead>
<tr>
<th>Education Level</th>
<th>Rural</th>
<th>Urban</th>
</tr>
</thead>
<tbody>
<tr>
<td>Below high school</td>
<td>57%</td>
<td>42%</td>
</tr>
<tr>
<td>High school grad/Some college</td>
<td>12%</td>
<td>10%</td>
</tr>
<tr>
<td>Associate's degree</td>
<td>22%</td>
<td>42%</td>
</tr>
</tbody>
</table>


**Ninety-one percent of rural Minnesotans self-identify as non-Hispanic White, compared to 75 percent in urban Minnesota.** The only population of Color that is more common in rural Minnesota is the American Indian group (representing 2% of rural areas versus 0.5% in urban areas). Black Minnesotans represent one percent of the rural population, but nine percent of the urban population. Hispanic Minnesotans account for four percent of rural residents, but six percent of urban dwellers. And while only one percent of rural Minnesotans identify as Asian or Pacific Islander, this rate multiplies seven-fold in urban communities.
Population by race/ethnicity, rural and urban Minnesota residents

These uneven residential patterns by race are reflected in findings from the Ground Level Survey as well, in response to questions that asked how many of the respondent’s close friends and people in their neighborhood are of another race. Only 27 percent of adults living in urban areas report “none” or “hardly any” of their neighbors are of a different race than themselves. In rural Minnesota, the corresponding percentage more than doubles, to 63 percent.

The likelihood of having close friends across racial (or ethnic) lines mostly mirrors patterns in one’s neighborhood, although inter-racial friendships are somewhat more common than inter-racial neighbors in rural communities. Less than half (44%) of rural residents report that they have at least some friends of a different racial background, compared with 70 percent of urban residents.

The greater racial diversity in urban Minnesota is driven in large part by the presence of immigrants. Those born outside of the United States (immigrants) represent 11 percent of residents in urban Minnesota, but only 3 percent in rural areas. State-to-state migration has also left a greater imprint in urban Minnesota. Three-fourths of rural Minnesotans were born in this state, compared to less than two-thirds of urban residents.

Population by birthplace, rural and urban Minnesota residents

The Ground Level survey also illustrates two lifestyle similarities between urban and rural residents for which we previously lacked data and understanding:

- Minnesota’s rural and urban residents are equally likely to attend religious services once a month or more often (about 46% do so).
- Residents of both areas are also similar in owning a permit for a concealed weapon, with roughly 1 in every 8 adults in urban and rural Minnesota indicating that they possess one.

Personal Financial Security and Sense of Economic Improvement

When we designed the Ground Level Survey, we were curious about Minnesotans’ assessment of their current economic situation and whether it had improved or deteriorated since 2007, just preceding the financial crisis and subsequent recession. Regarding present circumstances, we asked, “Do you feel you are financially secure, somewhat financially secure, or not financially secure?” About 4 in 10 Minnesotans indicate they feel financially secure today. A similar share (41%) feel somewhat financially secure (41%), while the remaining 14 percent report vulnerability: they are not financially secure.

Adults by sense of financial security, all Minnesota residents


When we examined responses to this question by rural versus urban residence, the percentages did not meaningfully diverge for any of the three response categories. In other words, by their own assessment, rural and urban residents are equally likely to be feeling financially secure and insecure.

The Ground Level Survey also asked respondents, “Thinking about where your personal financial situation is today, compared to ten years ago - that is since 2007 - is your personal financial situation today better, worse, or the same?” Responses statewide were statistically tied with those given by urban and rural respondents.

About 16 percent of both rural and urban residents feel they are “worse off” than a decade prior, while just over half in both areas experienced what they perceive as economic progress. A similar proportion of both areas (30%) feel economically unchanged, not better nor worse. In other words, Ground Level survey results suggest urban and rural Minnesotans weathered the recession in similar fashion.

**Adults by sense of economic improvement compared to 10 years ago, all Minnesota residents**

![Bar chart showing economic improvement levels](chart)


**Levels of Trust in Minnesota Institutions**

The Ground Level Survey asked respondents a series of questions that began: “Generally speaking, how much of the time do you think you can trust _____ to do what is right? Would you say, just about always, most of the time, only some of the time, or never?” The survey explored residents’ levels of trust in seven Minnesota institutions, including:

1. The police in Minnesota
2. The church or organized religion in Minnesota
3. The medical system in Minnesota
4. The public schools in Minnesota
5. News media, including TV, newspapers, and radio in Minnesota
6. Big business in Minnesota
7. The state government in St. Paul
Responses were collapsed into two groups those who generally trust the institution to do what is right, more often than not (always + most of the time responses) and those who generally distrust the institution (only some of the time + never responses).

Responses for three of the seven institutions do not show any notable differences between rural and urban residents, and are statistically tied with responses of all Minnesotans statewide (graphed below).

Rural and urban Minnesotans share a similarly low opinion of the trustworthiness of news media, broadly speaking. A minority (43%) of adults statewide say they trust news media to do the right thing just about always or most of the time, while a majority (56%) express prevailing distrust.

Regardless of locale, a similar share of Minnesotans (just above 6 in 10) trust organized religion and the public schools to do the right thing more often than not. Inversely, in both rural and urban parts of the state, about one-third of residents report that they trust organized religion and the public schools only some of the time or never.

Adults by how often they trust select institutions, all Minnesota residents

<table>
<thead>
<tr>
<th>Institution</th>
<th>About always/most</th>
<th>Sometimes/never</th>
</tr>
</thead>
<tbody>
<tr>
<td>News media</td>
<td>43%</td>
<td>56%</td>
</tr>
<tr>
<td>Organized religion</td>
<td>63%</td>
<td>31%</td>
</tr>
<tr>
<td>Public schools</td>
<td>64%</td>
<td>33%</td>
</tr>
</tbody>
</table>


The four other institutions asked about in the Ground Level Survey show varying perceptions of trust depending on whether the survey-taker lives in a rural or urban community.

A majority of both urban and rural residents express low levels of trust for Minnesota’s state government. But a higher proportion of rural Minnesotans are pessimistic about state government’s ability to act reliably in a manner deserving of their trust, with 61 percent responding only some of the time or never, compared to 52 percent of urban Minnesotans.

Levels of trust for the police also diverge somewhat along urban-rural lines, but in the opposite direction. Rural residents are more likely than urban residents to express high levels of trust in the police (with 81% versus 73% responding just about always or most of the time, respectively). However, both rural and urban Minnesotans place the police in high regard relative to all institutions asked about in the survey.
Similarly, most Minnesotans believe that the medical system in Minnesota acts in a trustworthy manner. But this trust slips slightly for rural residents, with 68 percent saying they trust the medical system just about always or most of the time, compared to three-fourths of urban Minnesotans.

Big business, generally speaking, does not inspire a high level of trust from either rural or urban dwellers, with only 37 percent of the former and 44 percent of the latter expressing trust in its actions just about always or most of the time. However, urban residents are slightly more likely to view Big Business in a trustworthy light.

**Adults by how often they trust select institutions, by rural and urban residents**

Institutions are presented in order of greatest to smallest differences by geography.

<table>
<thead>
<tr>
<th>State Government</th>
<th>Rural</th>
<th>Urban</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>35%</td>
<td>61%</td>
</tr>
<tr>
<td></td>
<td>44%</td>
<td>52%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>The Police</th>
<th>Rural</th>
<th>Urban</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>81%</td>
<td>19%</td>
</tr>
<tr>
<td></td>
<td>73%</td>
<td>26%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>The Medical System</th>
<th>Rural</th>
<th>Urban</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>68%</td>
<td>31%</td>
</tr>
<tr>
<td></td>
<td>75%</td>
<td>24%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Big Business</th>
<th>Rural</th>
<th>Urban</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>37%</td>
<td>59%</td>
</tr>
<tr>
<td></td>
<td>44%</td>
<td>53%</td>
</tr>
</tbody>
</table>

Right Track / Wrong Track on Key Public Issues

The Ground Level Survey asked respondents a series of questions that began: “Do you think Minnesota is generally on the right track or the wrong track when it comes to _______?” The survey probed survey-takers’ feelings across nine issue areas that touch on Minnesotans’ shared public life, including:

1. Educating children
2. Having good health care
3. Providing care for those facing mental health issues
4. Providing safe drinking water
5. Protecting lakes and rivers for things like swimming, boating, and fishing
6. Welcoming immigrants and refugees
7. Strengthening the economy
8. Caring for older adults
9. Providing opportunities for everyone to get ahead, regardless of their background

Across four of the issues areas, the percentage of urban and rural residents indicating Minnesota was on the right track was statistically tied with the statewide share expressing these opinions: Rural and urban Minnesotans alike feel the state is on the “right track” for educating children (74%), caring for older adults (69%), providing opportunities for everyone to get ahead (65%), and providing mental health care (56%). However, a sizable group of Minnesotans in urban and rural areas expressed concern about the provision of mental health care, with roughly one-third giving “wrong track” responses.

Adults who feel Minnesota is on the right or wrong track by issue area, all Minnesota residents

<table>
<thead>
<tr>
<th>Issue Area</th>
<th>Right Track</th>
<th>Wrong Track</th>
</tr>
</thead>
<tbody>
<tr>
<td>Educating children</td>
<td>74%</td>
<td>21%</td>
</tr>
<tr>
<td>Caring for older adults</td>
<td>69%</td>
<td>20%</td>
</tr>
<tr>
<td>Providing opportunities for everyone to get ahead</td>
<td>65%</td>
<td>27%</td>
</tr>
<tr>
<td>Providing mental health care</td>
<td>56%</td>
<td>32%</td>
</tr>
</tbody>
</table>


The remaining five issue areas elicit significant differences of opinion between rural and urban residents,
with rural Minnesotans less likely to feel the state was on the right track for each issue than urban dwellers. In terms of welcoming immigrants and refugees, a minority of rural residents (42%) believe Minnesota is on the right track, compared to a strong majority (69%) of urbanites. This 27 percentage-point difference was the largest urban-rural gap across the survey.

Urban Minnesotans are also 11 percentage points more likely to give Minnesota favorable right track responses to the state’s approach to strengthening the economy than rural residents. Smaller, but significant differences open up between rural and urban Minnesotans in the share affirming the state is on the right track for having good health care (63% versus 71%, respectively), protecting lakes and rivers (76% versus 83%, respectively), and providing safe drinking water (82% versus 88%, respectively).

Adults who feel Minnesota is on the right or wrong track by issue area, by rural and urban residents

*Issues are presented in order of greatest to smallest differences by geography*

![Bar chart showing differences between rural and urban Minnesotans on various issues](chart.png)

About the Survey

The MPR News | APM Research Lab 2017 Ground Level Survey of Minnesotans was a representative sample of 1,654 Minnesotans age 18 and older. The survey has an overall margin of error of +/-3.5 percentage points at the 90 percent confidence level. Data collection was conducted via telephone (42% landline, 58% cell phone) August 22 – September 14, 2017, by SSRS of Glenn Mills, Penn. For more details and analysis see: bit.ly/GroundLevel

Acknowledgments

Funding for this project was generously provided by the Blandin Foundation, the Bush Foundation, the McKnight Foundation, and the Knight Foundation Donor Advised Fund at The Miami Foundation, as well as donors and members of Minnesota Public Radio. The survey was designed with input from several members of the Minnesota Public Radio Newsroom, including Nancy Cassutt, Mike Edgerly, Mike Mulcahy, and Bill Wareham. We would like to thank all the Minnesotans who took part in the survey.

About the APM Research Lab: Bringing Facts into Focus

The APM Research Lab & Analyst Group is a division of American Public Media, intended to help the company accomplish ambitious goals related to informing the public by producing credible research- and analysis-based content. Mission: To foster an engaged democracy by inspiring curiosity, inquiry and discussion through fact-driven, credible research and analysis. Values: Independent, Useful, Informative, Non-partisan. Contact: info@apmresearchlab.org | apmresearchlab.org

End Notes

1 Duluth Area: This region consists of the following 11 residential U.S. Postal Service zip codes in or immediately surrounding the city of Duluth, in portions of St. Louis County: 55802, 55803, 55804, 55805, 55806, 55807, 55808, 55810, 55811, 55812, and 55814.

2 St. Cloud Area: This region consists of the following 8 residential USPS zip codes in or immediately surrounding the city of St. Cloud, located in portions of Stearns, Sherburne, and Benton counties in Central Minnesota: 56301, 56303, 56304, 56369, 56374, 56377, 56379, and 56387.

Rochester Area: This region consists of the following four residential USPS zip codes in or immediately surrounding the city of Rochester, located in Olmsted county in southern Minnesota: 55901, 55902, 55904, and 55906.

2 APM Research Lab analysis of the U.S. Census Bureau’s 2011-2015 American Community Survey.

3 Race groups are presented as non-Hispanic, excepting the Hispanic group, and single race alone. Note: Responses for “don’t know” or refusals are not graphed in this brief, and appear as gaps in bar graphs.